



SAILING INSTRUCTIONS
2016 Sonar North American Championship
Manhasset Bay Yacht Club
Port Washington, New York
September 30–October 2, 2016



1. RULES

- 1.1 The Regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 RRS 63.7 will be replaced with: "If there is any conflict between the Sailing Instructions and this notice of race, the Sailing Instructions shall apply."
- 1.3 A boat shall inform a race committee finish boat immediately after finishing of its intention to protest another boat and provide the sail number of the protested boat. This changes RRS 61.
- 1.4 Appendix T Sections A, B, and C will apply with the following change: T2.2: "The Post-Race-Penalty is 20% if taken before the beginning of a hearing involving the incident." See also SI 16 Protests and Penalties
- 1.5 The US Sailing Prescriptions to rules 60, 63.2 and 63.4 will be deleted.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Regatta Notice Board located in the MBO Room of the Manhasset Bay Yacht Club (MBOYC).

3. CHANGES IN SAILING INSTRUCTIONS

Any change in the Sailing Instructions will be posted before 0830 hours on the day it will take effect, except that any change in the Schedule of Races will be posted before 1900 hours the day before the change is to take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the MBOYC Flagpole.
- 4.2 When code flag "AP" is displayed, "1 minute" is replaced with "not less than thirty (30) minutes" in Race Signal "AP."

5. SCHEDULE OF RACES

Thursday, September 29	0800 to 1900	Launching and Registration
	1800	Competitor's Meeting inside club
	2100	All boats must be afloat
Friday, September 30	1000	First Warning Signal for practice race
Saturday, October 1	1000	First Warning Signal
Sunday, October 2	0900	First Warning Signal

- 5.1 No first Warning Signal will be made after 1400 hours on Sunday, October 2.
- 5.2 Flag A displayed, with no sound, while boats are finishing means 'No more racing today'.

6. **CLASS FLAGS**

The Class Flag will be a code flag #1.

7. **RACING AREA**

Racing will take place on the waters of Manhasset Bay and western Long Island Sound.

8. **THE COURSE**

8.1 The course will be windward/leeward, with legs and rounding directions as diagrammed in Addendum A. An Offset Mark 1a will be used in conjunction with Mark 1. The Offset Mark will be placed at approximately a right angle to the weather leg and approximately 200 feet to port of Mark 1, looking upwind. Mark 2 may be a gate consisting of 2 marks set approximately 150 feet apart. If a gate is not set, boats shall round mark 2 to port.

8.2 The approximate compass bearing from the starting line to Mark 1 will be displayed from the Race Committee Signal Boat no later than the warning signal.

8.3 **The windward mark will be orange, unless otherwise designated in SI 9.2.**

8.4 No course shall be shortened to less than three legs in original length. For purposes of this instruction only, the distance between Mark 1 and the Offset Mark will not be considered to be a leg of the course.

9. **MARKS**

9.1 Mark 1 will be an orange tetrahedron. The Offset Mark 1A will be a pink ball.

9.2 Change marks, when used in accordance with Instruction 9.3 or 13, will be a green tetrahedron or red sphere.

9.3 If the preparatory signal is accompanied by a green flag or code flag "U" flag for the red mark and multiple sound signals, the windward mark for that race is identified by the color flag.

9.4 Marks 2p and 2s will be yellow inflatable marks.

9.5 The starting marks will be the Race Committee Signal Boat and nearby pin.

9.5 The finishing marks will be a Race Committee Boat and a nearby pin.

10. **CHECKING IN**

Before the warning signal of the first race each day, each boat shall sail on starboard tack past the stern of the Race Committee Signal boat prior to the warning signal and hail her sail number until acknowledged by the Race Committee by repeating the boat's number. A boat failing to do so may be given a 20% scoring penalty for that race without a hearing, calculated in accordance with RRS 44.3 [c]. This changes RRS 63.1 and A5.

11. **THE START**

11.1 The Race Committee will announce the imminent start of a sequence with a multiple sound signals prior to the Warning signal. The Race Committee may use VHF channel 69 to count down the last ten seconds before the Warning Signal, Preparatory Signal or Starting Signal.

11.2 The Starting Line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and the port-end pin.

11.3 A boat that starts more than 10 minutes after her starting signal will be scored DNS without a hearing. This changes RRS 63.1 and A5.

12. **RECALLS**

The Race Committee will endeavor to hail the sail number(s) of the OCS boat(s) on VHF channel 69 and/or by loudhailer. The following shall not be grounds for a boat to request redress: a) failure of a boat to hear the recall hail or broadcast; b) a boat's position in the sequence of hailed numbers or broadcast numbers, or c) the interval of time to complete the recall hail or broadcast.

13 **CHANGES OF COURSE AFTER THE START**

A change of course after the start will be signaled by display of a flag identifying the new mark color (orange for orange mark, green for green mark, code flag U for red mark), although the new mark may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. This changes RRS 33.

14 **THE FINISH**

The finish line will be between a staff displaying an orange flag on a Race Committee boat on the port end and the starboard-end pin.

15. **TIME LIMIT**

15.1 If the first boat does not round Mark 1 within 30 minutes or the first boat to sail the course does not finish within 90 minutes, the race shall be abandoned.

15.2 Boats finishing more than 30 minutes after the first boat that sails the course finishes will be scored "Time Limit Expired" (TLE) and will be scored two more points than the last boat to sail the course and finish. This modifies RRS 35 and Appendix A4.2.

16. **PROTESTS AND PENALTIES**

16.1 **PENALTIES AT THE TIME OF THE INCIDENT**

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

16.2 **PROTEST TIME LIMIT**

The protest time limit will be 45 minutes after the RC finish boat docks.

16.3 **POST-RACE PENALTIES**

Sections B and C of US Sailing Prescriptions Appendix T will apply as change below

T2.2 – "The Post-Race Penalty shall be 20% if taken before the beginning of a hearing involving the incident."

T4 – Add, "The day's PRO shall post a list of confirmed protests as soon as possible after the RC Signal Boat docks."

16.4 The first sentence of rule 64.1 is changed to: "When the protest committee decides that a boat that is a party to a protest hearing has broken a rule, it shall impose a 40% scoring penalty if she

has broken a rule of Part 2 or rule 31 without causing injury or serious damage, or gaining a significant advantage in the race, or series. Otherwise it shall disqualify her.”

17. SCORING

17.1 The Low Point Scoring System, RRS Appendix A, will be used.

17.2 A minimum of 3 races must be completed to constitute a series. When fewer than 6 races have been completed, a boat’s series score will be the total of her race scores. When 6 or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst score.

18 DISPOSAL OF TRASH

Any boat observed breaking rule 55 is subject to protest only by the Race Committee.

19 SAFETY

A boat that retires from a race prior to finishing or does not intend to compete in a race shall notify the Race Committee before leaving the course area.

20 HAUL-OUT RESTRICTION

All boats must be afloat by 2100, Thursday, September 29. Haul out before the end of the regatta will be permitted only in the event of breakdown and with written consent from the Race Committee. Moorings will be provided on a first come, first serve basis. Disabled sailors will be able to keep their boats on the docks overnight.

21 RADIO EQUIPMENT

A boat shall neither make radio, cell phone, or other data transmissions while racing nor receive radio or cell phone communication not available to all boats.

22 CREW REQUIREMENTS

22.1 Any crew substitution requires notification of the race committee.

22.2 The number of a boat’s crew shall not change during the regatta.

23 INSPECTION

Inspections may be made by the race committee during the regatta for compliance with Class Rules.

24 PRIZES

Prizes will be awarded to skipper and crews of the top 5 boats in the series.

ADDENDUM A COURSES

W4 Course

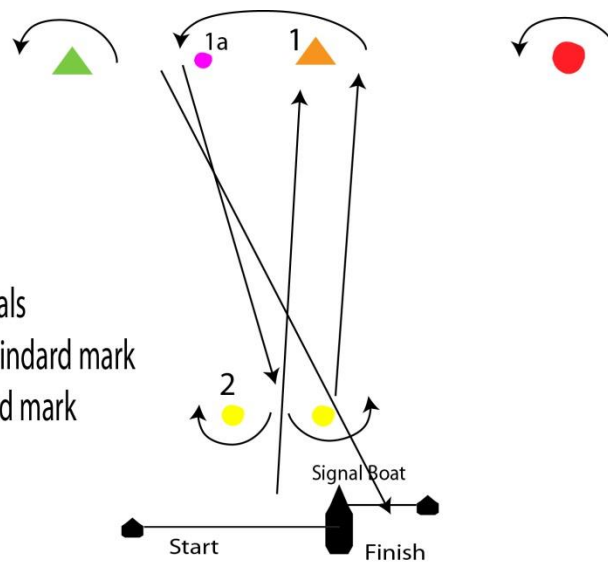
Start-1-1a-2-1-1a-Finish

Multiple marks set

Orange is primary, no additional signals

Green flag with Prep, green mark is windward mark

U flag with Prep, red mark is windward mark



W5 Course

Start-1-1a-2-1-1a-2-Finish

Finish boat will be to weather of the windward mark